



Notable Quotable

“Every man’s life is a fairy tale written by God’s fingers.”

~ Hans Christian Andersen, author



February Horoscopes and Birthdays

In astrology, those born between February 1–19 are Water Bearers of Aquarius. Water Bearers are deep-thinking intellectuals, unafraid of exploring outlandish ideas. Their strong sense of community makes them good friends and teammates. Those born from February 19–28 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists.

- Clark Gable – February 1, 1901
- Gertrude Stein – February 3, 1874
- Rosa Parks – February 4, 1913
- Red Buttons – February 5, 1919
- Babe Ruth – February 6, 1895
- Jules Verne – February 8, 1828
- Jimmy Durante – February 10, 1893
- Galileo Galilei – February 15, 1564
- Cybill Shepherd – February 18, 1950
- Patty Hearst – February 20, 1954
- Olave Baden-Powell – February 22, 1889
- Steve Jobs – February 24, 1955
- Fats Domino – February 26, 1928

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The brothers Wilhelm and Jakob Grimm, famous for their collection of fairy tales, also believed that many of the stories they found had existed for centuries before they wrote them down. They listened to old-timers tell the beloved tales “Little Red Riding Hood,” “Cinderella,” “Hansel and Gretel,” and “Snow White” and then transcribed their versions of the tales into print. The Brothers Grimm were the first scientists of folklore. They even took positions as

librarians and historians at the University of Göttingen in Germany.

It would be wise on Fairy Tale Day to choose a story collected by Wilhelm Grimm, for this brother’s birthday falls on February 24. If you’ve grown tired of the same old tales, then perhaps you can read a new tale you might be unfamiliar with, such as “The King of the Golden Mountain,” “Hans My Hedgehog,” or “Cat and Mouse in Partnership.”



Just a Friendly Reminder...

1. All Food Items Must Be Kept In Airtight Sealed Containers
2. All Cardboard And Paper Products Need To Be In Sealed Containers, (Examples: Books, Jigsaw Puzzles, etc.)

The Argyle Archive

February 2019



The Argyle Assisted Living
4115 W 38th Ave.
Denver, CO 80212
303-455-9513
www.theargyle.org

Celebrating February

Mend a Broken Heart Month

Library Lovers Month

Bubble Gum Day
February 1

Groundhog Day
February 2

Celebration of Love Week
February 10–16

Valentine’s Day
February 14

Love Your Pet Day
February 20

Tooth Fairy Day
February 28

Once Upon a Time

Once upon a time, it was decreed that February 26 would forevermore be Fairy Tale Day. Whether you fancy woodland sprites, fire-breathing dragons, princesses locked in high towers, or talking animals, fairy tales and the lessons they impart are integral parts of every culture.

Scientists have traced the first fairy tales back to an era before the written word. An old folktale entitled “The Smith and the Devil,” which is about a blacksmith selling his soul to the devil in order to gain magical abilities, dates back to the Bronze Age—6,000 years ago. Researchers from the New University of Lisbon in Portugal believe that this ancient tale was shared orally in a language that

does not exist today. It is no surprise that fairy tales are so old. The purpose of these stories, after all, is to teach children clear distinctions between good and evil and right and wrong. Fairy tales are, in essence, morality tales filled with magic and wonder as a means to attract the attention of a young audience. Yet, adults are no less in need of morality tales.

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Calling All of our Friends & Families...
Join us for a fun filled evening of singing and dancing at our Valentine’s Day Song and Dance Night
7pm on Friday February 8th

The Year of the Pig

Xin nián kuài lè! That means "Happy New Year" in Chinese. February 5 ushers in the Year of the Pig, a very auspicious year in Chinese culture. Why does the pig represent wealth and good fortune? Perhaps the chubbiness of the pig indicates prosperity. Or maybe it is because wild boars are known to be fearless and will run headlong into any situation, usually winning out in the end. With pigs held in such high esteem, it may be surprising to learn that the pig is the very last animal of the Chinese zodiac and the legend concerning the pig is not very flattering.

The legend states that when the Jade Emperor declared that he was selecting animals for the zodiac, all the animals rushed to his palace to be included. But the pig journeyed slowly, and when he arrived, the gates were shut. However, the other animals pleaded with the Jade Emperor to let him in. He

conceded, and the pig was allowed to enter but was made the last sign of the zodiac. Perhaps the pig's connection to good fortune stems from this tale: Despite the pig's hardships, he still triumphed and was added to the zodiac.

The Chinese New Year's celebration lasts not for one day, but for two whole weeks, observing many traditions and superstitions. For example, on New Year's Day, it is commonplace to set off firecrackers, yet it is forbidden to sweep because you may sweep away good luck. Celebrations continue to February 19, which culminates in the five-day-long Lantern Festival. The displaying of lanterns is a major event, and one of the most popular pastimes of the Lantern Festival is guessing at lantern riddles. Riddles are written on lanterns, and the answers often involve blessings for the family and fortune, reinforcing the major themes of the Chinese New Year.



In China, the year of your birth sign is considered unlucky.



THINK HAPPY THOUGHTS AND GOOD THINGS WILL HAPPEN




February Is National Heart Health Month. Check Out Our Heart Healthy Activities Through Out The Month



Celebrate National Dietary Week Feb 4th -8th by Thanking our Servers and Cooks for all their hard work and great food.

Please Welcome Our New Neighbors



Annette M

Shirley W

Tom W

February Resident Birthdays



- Lois G Feb 1st
- Rosa M Feb 3rd
- Ed M Feb 8th
- Ruth L Feb 14th
- Mark W Feb 16th

February Staff Birthdays

- Lisa G QMAP Feb 2nd
- Gerry O Marketing Feb 4th
- Karla C Dietary Aide Feb 5th
- Yolanda M Dietary Aide Feb 10th
- Rebecca C QMAP Feb 11th
- Moriah T Wellness Assistant Feb 21st
- Bernadette L Caregiver Feb 24th



Take an Additional 10% off the price of a mattress.

