

Notable Quotable

“An optimist stays up until midnight to see the New Year. A pessimist stays up to make sure the old year leaves.”

~ Bill Vaughn, columnist



January Horoscopes and Birthdays

In astrology, those born between January 1–19 are Capricorn's Goats. Goats are focused on lofty goals; these hardworking and determined souls will prevail with grit and resilience. Those born between January 20–31 are Water Bearers of Aquarius. Water Bearers are deep-thinking intellectuals, unafraid of exploring outlandish ideas. Their strong sense of community makes them good friends and valuable team members.

Betsy Ross – January 1, 1752
Isaac Asimov – January 2, 1920
Joan of Arc – January 6, 1412
Zora Neale Hurston – January 7, 1891
David Bowie – January 8, 1947
Alexander Hamilton – January 11, 1755
Faye Dunaway – January 14, 1941
A.A. Milne – January 18, 1882
Edgar Allan Poe – January 19, 1809
Benny Hill – January 21, 1924
Virginia Woolf – January 25, 1882
Bessie Coleman – January 26, 1892
Tom Selleck – January 29, 1945

New Year, Lasting Traditions *continued from pg. 1*

Lang Syne” in 1788 and sent them to the Scots Musical Museum, requesting that his lyrics be set to an old Scottish folk tune. The phrase *auld lang syne* translates to “for old times’ sake,” and, fittingly, the nostalgic song is about preserving friendships. The tune was often sung at funerals, farewells, and other group celebrations. It finally made it to America in 1929, when the Guy Lombardo Orchestra played it at a New Year’s celebration in New York’s Roosevelt Hotel.

Healthy Skepticism

Once you hear that January 13 is International Sceptics Day, you might want to check the date for yourself, because some people claim that this holiday falls on October 13, while others insist that it always falls on the first Friday the 13th of the year. It turns out that a little skepticism is healthy. Skepticism, after all, urges us to corroborate what we learn by seeking supporting facts, whether in the field of science, politics, relationships, or just about anything. Too much skepticism, though, can lead to cynicism and

No New Year’s party is complete without a kiss at the stroke of midnight. In ancient times, the winter darkness was the domain of evil spirits. At New Year’s masquerade balls, partiers wore scary masks to embody these spirits. The masks were then torn off at midnight, and a kiss was shared by revelers as an act of purification to chase away malign spirits. These are just a few of the centuries-old traditions that have made New Year’s a time of celebration, nostalgia, and hope.

denial, even in the face of overwhelming evidence. Similarly, a lack of skepticism can lead to naivete and being taken advantage of. When psychologists talk about healthy skepticism, they are talking about that “Goldilocks” area—not too much, not too little, but just the right amount. If this sounds plausible to you, perhaps you should consider joining the Sceptics Society, a group emphasizing critical thinking as a means to resist pseudoscience, superstition, and irrational belief. But you might want to do a background check on those folks first.

The Argyle Archive

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Celebrating January

Braille Literacy Month

Soup Month

Fruitcake Toss Day January 3

Cuddle Up Day January 6

Make Your Dream Come True Day January 13

Popcorn Day January 19

Martin Luther King Jr. Day January 21

Australia Day January 28 (observed)

Puzzle Day January 29

New Year, Lasting Traditions

Another new year begins, and all around the world people will be popping champagne, singing “Auld Lang Syne,” and kissing loved ones at the stroke of midnight. But just why, exactly, do we repeat these New Year’s traditions year after year?

Bubbly champagne is the drink of choice on New Year’s. Its invention is often credited to Dom Perignon, the Benedictine monk who oversaw the wine cellars of his abbey in the year 1697. While others saw bubbles as a problematic sign that wine had spoiled, Perignon perfected the production of this new fermented drink known as champagne. From its beginnings in the abbey cellar, champagne was regularly used in

religious celebrations such as consecrations and coronations. It then made the natural transition to secular celebrations, most notably at the soirees of the French aristocracy. As champagne became cheaper and more accessible, it became the classiest beverage to offer during holiday celebrations.

Scotland’s national poet Robert Burns penned the words to “Auld

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The Argyle would like to build an email system where we will be able to get information out to our residents and their loved ones. Also resident and loved ones would be able to communicate information and/or concerns with us. To help us with this we need residents and loved ones to please contact our front desk with their email address. If we don’t happen to hear from you, you might get a call from our receptionist requesting your email address. Our phone number is 303-455-9513 or you can send an email to iparedes@theargyle.org. Thank you for helping us make The Argyle even better.

A Birthday Mystery

Happy birthday to Sherlock Holmes, who is believed to have been born on January 6, 1854. Sir Arthur Conan Doyle, the creator of Sherlock Holmes, never explicitly stated the date of his fictional detective's birth, so how, exactly, have we arrived at this birth date?

The January 6 date was first asserted by Christopher Morley, an essayist and Sherlock Holmes superfan. Morley decided on the date after noticing Holmes' penchant for quoting William Shakespeare's play *Twelfth Night*. He deduced that Holmes' birthday must fall on the twelfth night after Christmas, which is January 6. On that date in 1934, Morley arranged a meeting of the Baker Street Irregulars, a group of Sherlock Holmes fans and scholars who gathered together to enjoy all things Sherlockian, including lectures, dinners, cocktail parties, and performances. The original Baker Street Irregulars appeared in Sherlock Holmes stories as a

band of street kids who aided Holmes in gathering information.

Sherlock Holmes scholar William S. Baring-Gould corroborates the January 6 date in a roundabout fashion. He points out that in Doyle's final Sherlock Holmes mystery, *The Valley of Fear*, Holmes awakes very cranky on January 7. Why is he cranky? He must have a hangover. Why a hangover? He was up late celebrating. What was Holmes celebrating? Baring-Gould postulates that it was his birthday. However, many attest that this is all rather shoddy detective work.

Not everyone agrees that Sherlock Holmes' birthday is January 6. Many instead celebrate his birthday on December 2, the real-life birthday of Dr. Joseph Bell, the surgeon after whom Sir Arthur Conan Doyle modeled his detective. Yet all agree on the year 1854, for in a 1914 tale, Holmes was described as 60 years old.

to America from the whole of Europe, seeking peace from violent oppression and self-realization from monstrous tyranny. Many historians believe that Paine's pamphlet was the glue that united average folk with American political leaders, turning a colonial squabble into a full-fledged war. Paine's 47-page pamphlet sold 500,000 copies, and although it was published anonymously, Paine's name would enter history books alongside revolutionary heroes like Washington and Revere.



Sir Arthur Conan Doyle originally named his detective Sherrinford.



When Thomas Paine was 12 years old, he flunked out of grammar school.

January Resident Birthdays



- Irene D January 1st
- Joseph L January 2nd
- Marguerite P January 2nd
- Benjamin M January 4th
- Rosemary O January 4th
- Ralph W January 4th
- Mary T January 5th
- Carolyn F January 10th
- Monica S January 21st
- Jerome S January 25th
- Cindy C January 26th
- Carlos T January 30th
- Barb A January 31st

Please join us for our January Birthday Celebration on January 17th at 3pm.

January Staff Birthdays

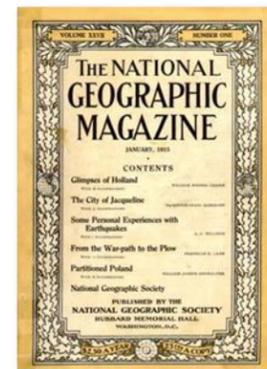


- Jose H-Cook January 6th
- Alicia S-Dietary January 7th
- Silvia C-QMAP January 7th
- Marie F-Caregiver January 10th
- Jesseka L-Caregiver January 11th
- Victor H-Maintenance January 17th
- Jazmin A-Caregiver January 21st
- Shawn R-Maintenance January 22nd
- Becky T-Dietary Director January 29th

Thank You
for your Kindness



As a doctor, Roget studied tuberculosis and the effects of laughing gas as an anesthetic.



The very first issue of National Geographic magazine featured articles on "The Great Storm of March 11-14, 1888."

FAMILY NIGHT

In the month of January we will not be having a family night. But we will return in February for a fun filled evening.



January Outings

King Soopers January 10th

Walmart January 17th

Dollar Tree January 24th

Please remember to sign up at the front desk the Friday before the outing.



January Meetings

- Hospitality Committee Meeting January 2nd
- Activity Planning Meeting January 3rd
- Resident Volunteer Meeting January 4th
- Resident & Family Council January 15th



With the New Year we will be changing the location of Bible Study to Quitman's Corner.